

2023 Annual Report

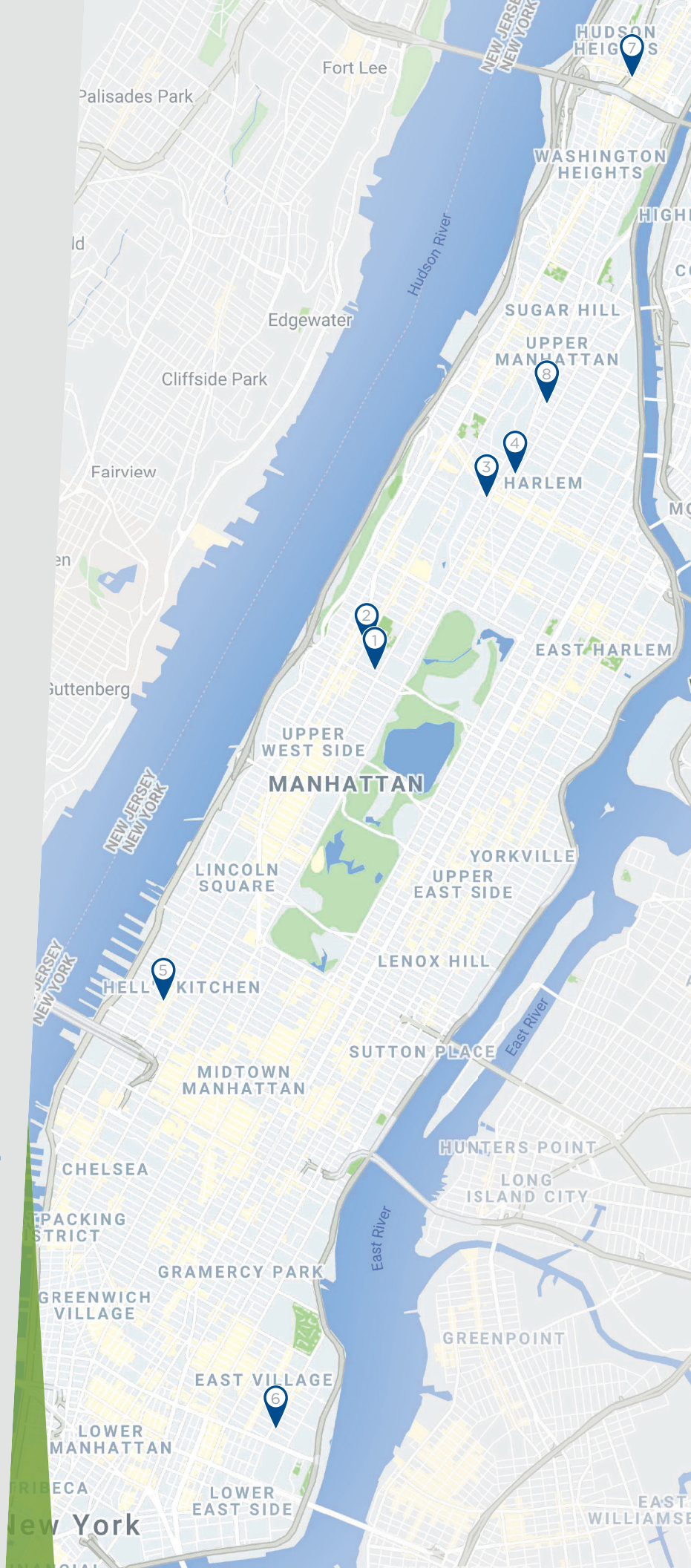
Ryan  **Health**
Caring for New York. Here for You.



Locations

Main Health Centers

- 1. Ryan Health | West 97th Street**
110 W. 97th Street, 10025
- 2. Ryan Health | Women & Children's**
801 Amsterdam Avenue, 10025
- 3. Ryan Health | Adair**
565 Manhattan Avenue, 10027
- 4. Ryan Health | Frederick Douglass**
2381 Frederick Douglass
Boulevard, 10027
- 5. Ryan Chelsea-Clinton**
645 Tenth Avenue, 10036
- 6. Ryan Health | NENA**
279 E. 3rd Street, 10009
- 7. Ryan Health | Wadsworth**
154 Wadsworth Avenue, 10033
- 8. Ryan Health | Mobile Health Center**



Dear Friends and Supporters

Dear Friends,

We are pleased to present our **2023 Annual Report**, which highlights a year of significant transformation and growth. During this period, Ryan Health introduced new programs designed to ensure that our expanding patient population has access to essential services. For 57 years, Ryan Health has been dedicated to addressing the needs of underserved New Yorkers, providing healthcare services to tens of thousands of patients each year, regardless of their ability to pay.

In 2023, we celebrated numerous achievements and the introduction of new programs, including:

- The re-establishment of the Teen Group program, an after-school talk therapy initiative designed to support a small group of adolescents in managing stress and anxiety.
- The expansion of our Dental Department's outreach efforts, including the hosting of various community events aimed at delivering dental services and education to individuals lacking access.
- The launch of the Center for Healthy Weight Management, which provides specialized support for patients who are overweight or obese, often leading to improvements in overall health and chronic conditions.

Further details about these programs can be found on our Highlights page.

As noted in our previous Annual Report, New York City continues to receive a significant influx of asylum-seekers. At Ryan Health and Ryan Chelsea-Clinton, we extended a warm welcome to these new residents and address their complex health needs, affirming our commitment to ensuring that healthcare remains a universal right for all who seek our services. To date, we have provided care to over 10,000 asylum seekers. Our dedicated practitioners have not only delivered comprehensive healthcare but have also facilitated access to additional vital services beyond our centers throughout 2023.

In October 2023, the Board of Ryan Health was pleased to announce the appointment of Daniel Pichinson, MBA, as our new President and CEO. Mr. Pichinson brings with him three decades of experience in the healthcare sector, with a notable emphasis on enhancing access for vulnerable populations in New York City. Prior to this appointment, Mr. Pichinson served as the Executive Director of Ryan Chelsea-Clinton, an affiliated center of Ryan Health, where he demonstrated considerable accomplishments in operations, quality improvement, financial management, advocacy, and community engagement over a span of six years.

As we persist in our mission to uphold healthcare as a fundamental right for all New Yorkers, Ryan Health must adapt, progress, and evolve to meet future demands. With the unwavering commitment of our Board members, dedicated leadership, team members, stakeholders, and generous donors, we will continue to advance our objectives of maintaining the health and well-being of our patients and communities.

Today, more than ever, Ryan Health is Caring for New York, Here for You.



E. Ronald Guy, MA, CHM
Board Chairperson
Ryan Health



Walter Delacruz, Esq.
Board Chairperson
Ryan Chelsea-Clinton



Daniel Pichinson, MBA
President & CEO
Ryan Health

Ryan Health Services

Health Care

Adolescent Health
Adult Medicine
Behavioral Health
Care Management
Dental Services
Diabetes Education
Family Planning
Gender-Affirming Care
Geriatrics
HIV Services
Laboratory Services
MAT (Medication-Assisted Treatment)
Medical Specialties
Nutrition
Pediatrics
Pharmacy Plan for Under/Uninsured
Population Health
Radiology & Sonograms
Substance Use Disorder Treatment
Vision Services
WIC Program (Women, Infants & Children)
Women's Health

Community Outreach

Homeless Health
Insurance Eligibility Assistance
Prevention, Education & Outreach
Reach Out & Read
School-Based Health
Health Fairs

Patient Support Center

Appointments and Scheduling
Patient Outreach Campaigns
Prescription Refills



Our Mission

Ryan Health is dedicated to providing high quality, affordable, comprehensive, linguistically and culturally competent health care services to medically underserved populations. All patients are treated equally with dignity, respect, courtesy, confidentiality and concern for safety.

The organization's mission is guided by the founding principle that "Health Care is a right, not a privilege."



I am grateful to Ryan Health, where I've been a patient for nearly 40 years. Throughout this time, I've had nothing but positive experiences with the entire staff. The doctors, nurses, and front desk personnel who handle scheduling are all exceptional. They are attentive, efficient, and genuinely concerned about meeting each patient's needs.

— Ryan Health | West 97th Street Patient

For 57 years, Ryan Health has served communities most in need by providing essential primary care, health education and prevention, and supportive services, as well as a wide range of specialty care. Ryan Health is committed to continuously developing new programs and services to meet the needs of the New York City communities we serve. We connect patients to the services they need, and as a trusted source of quality healthcare, we build long-lasting relationships with our patients.

Core Values

At Ryan Health We...



Care
for patients



Commit
to the mission



Collaborate
with the team

Patient Demographics

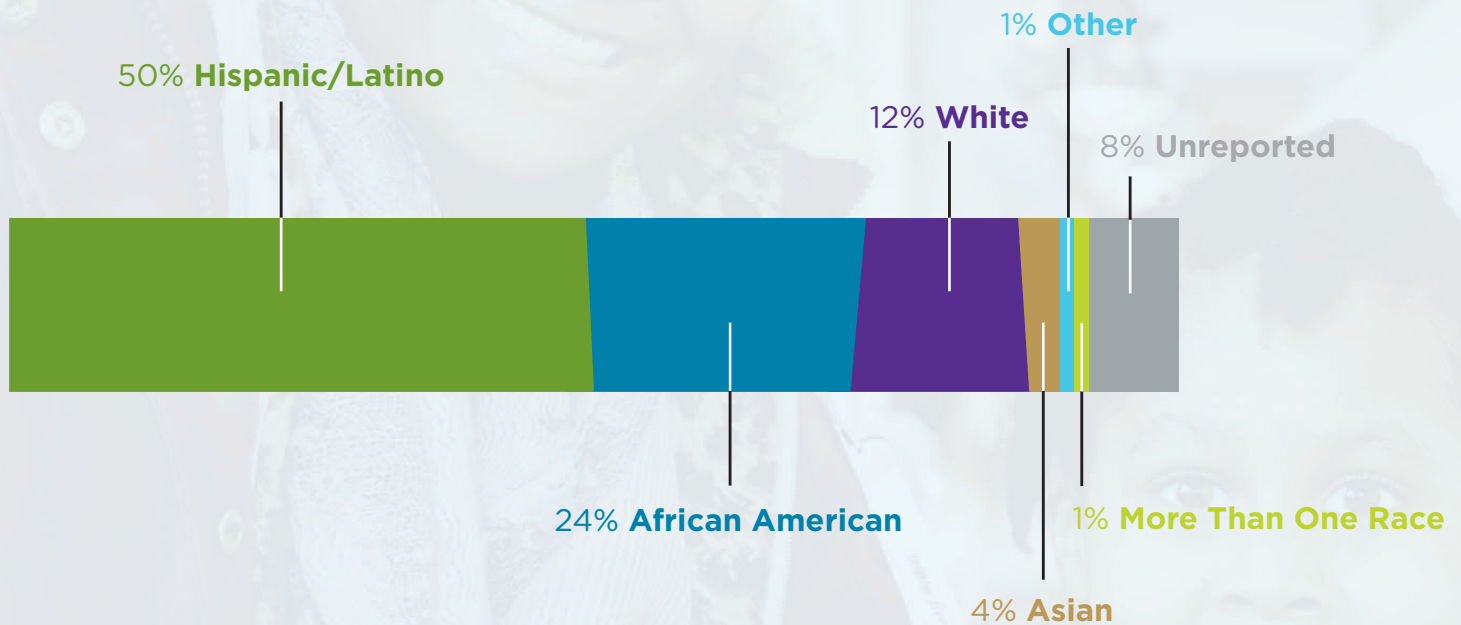
Number of
Patients

51,582

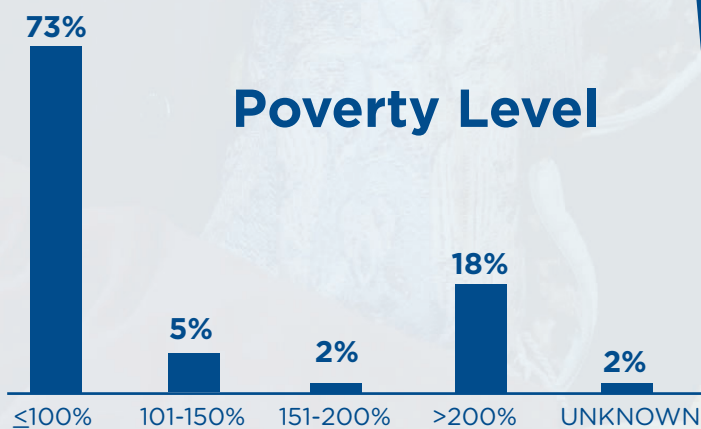
Number of
Patient Encounters

217,643

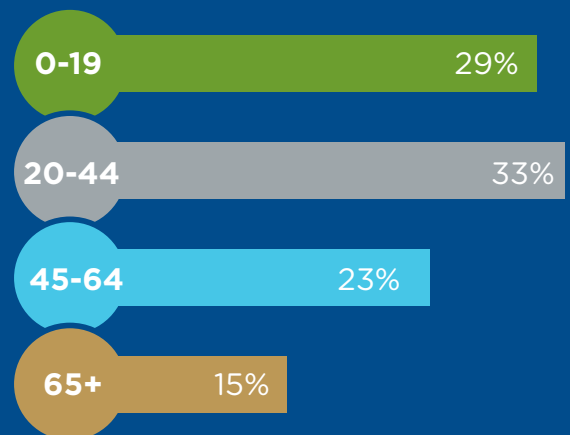
Race and Ethnicity



Poverty Level



Age Distribution



2023 Highlights



Reopening the Teen Group Program

The adolescent mental health crisis has affected communities nationwide, exacerbated by the adverse impacts of the COVID-19 pandemic. In response, Ryan Health has reinstated its Teen Group program in 2023, reestablishing support and facilitating coordination between pediatricians and the behavioral health care team. The program includes weekly Teen Group meetings, which offer group therapy under the guidance of a Licensed Clinical Social Worker. These sessions assist adolescents in addressing issues such as stress, anxiety, and depression, while also providing a valuable opportunity for peer interaction and reassurance that they are not alone in their struggles. The Teen Group program, conducted in a safe, after-school environment, is particularly beneficial for underserved adolescents from communities facing barriers to care and challenges in accessing quality clinical services.

Dental Outreach to the Community

Throughout 2023, our Director of Dental and Radiology and the entire Dental Team revitalized the mission of the Ryan Health Dental department. They oversaw essential upgrades to equipment and software and delivered care to over 11,000 patients. This remarkable achievement was made possible by their unwavering dedication to service and their commitment to emphasizing the critical importance of dental care and health. The team also organized numerous dental outreach events within the community, including at partner locations and outside our health centers. These events provided comprehensive dental care to underserved and hard-to-reach populations and offered education on the significance of maintaining good oral hygiene. Through these initiatives, hundreds of individuals gained valuable insights into improving their dental health and preventing diseases, which can positively affect their overall health and well-being in the long term.



Launch of Center for Healthy Weight Management

Ryan Health is proud to introduce the Center for Healthy Weight Management, offering a holistic approach to support patients who are obese or overweight. Obesity is a major health issue and a risk factor for chronic conditions such as diabetes, hypertension, and coronary heart disease. The Center addresses the needs of those in our community who face high rates of obesity-related complications and barriers to comprehensive weight loss counseling, including limited access to healthy foods and medications. In partnership with Mount Sinai and utilizing board-certified obesity medicine specialists, Ryan Health has expanded access to specialized weight loss services. This initiative is unique among Community Health Centers, providing integrated care to improve health outcomes. The Center aims to achieve significant weight loss through a comprehensive approach, incorporating dietary, physical activity, and behavioral counseling, along with weight loss medication management.

I hold my provider in high regard and am grateful to have discovered them through a neighborhood portal. I focused on finding a practice with a great bedside manner, and the experience truly lived up to my expectations. From the friendly check-in staff to the supportive and reassuring nurse, my experience was excellent. The physician's personable approach and thorough discussion of my health, including nutrition, were particularly impressive. Their holistic and knowledgeable perspective on both medicine and nutrition left me very satisfied.

— Ryan Health | Adair Patient



We Thank Our 2023 Supporters

\$1,000,000 and over

DHHS, HRSA

Bureau of Primary Health Care
NYS Department of Health
Women, Infants, and
Children Program

\$100,000 to \$999,999

Afia Foundation

Delta Dental Community Care Foundation

DHHS, HRSA

HIV/AIDS Bureau
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in New York

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Hispanic Federation

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New York City Council

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AIDS Institute
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School-Based Health Program

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Workers East
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(Black Health)

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Sant Ambreaus

2023 Financials

Ryan Health Consolidated Financial Information Operating Revenue & Expenses Fiscal Year Ended December 31, 2023

Ryan Health

Ryan Chelsea Clinton

REVENUES

▶ Patient Service Revenue	52,308,168	22,015,270
▶ Grant & Contract Services	24,096,986	3,341,787
▶ Contributions	60,810	7,500
▶ Other	5,786,231	179,499
TOTAL NET REVENUE	\$ 82,252,195	\$ 25,544,056

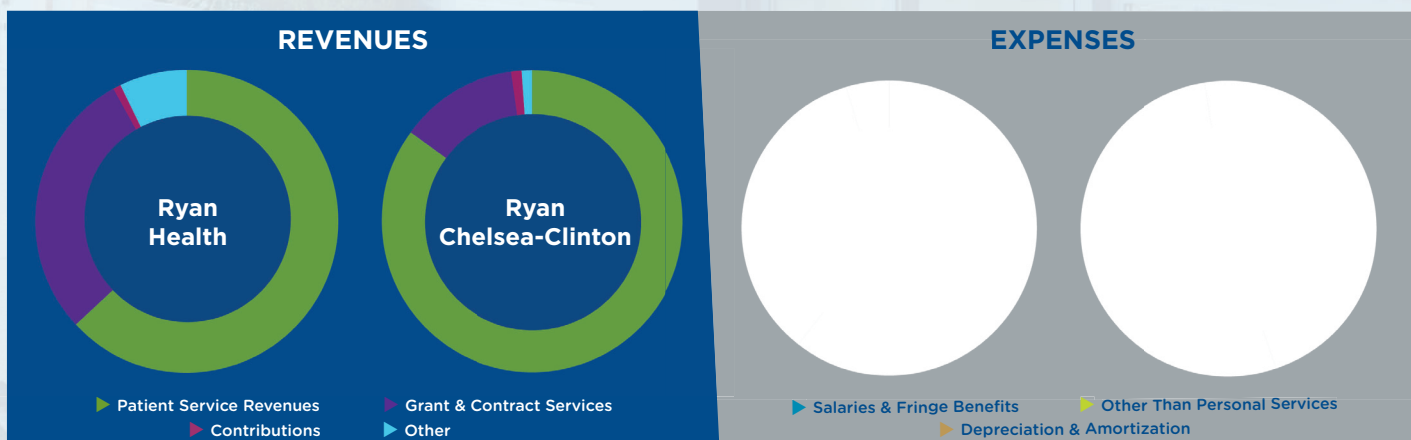
EXPENSES

▶ Salaries & Fringe Benefits	52,569,613	11,367,638
▶ Other Than Personnel Services	30,269,974	13,420,400
▶ Depreciation & Amortization	3,953,857	608,451
TOTAL EXPENSES	\$ 86,793,444	\$ 25,396,489
Change in Net Assets	(\$ 4,541,249)	\$ 147,567

TOTAL NET ASSETS as of December 31, 2023

\$39,257,651

\$12,412,899



Ryan Health is committed to the fiscal viability and credibility of its operations. This audit has been prepared by an independent firm in accordance with generally accepted auditing standards and is based on the financial statements of Ryan Health and Ryan Chelsea-Clinton. With guidance from its Boards of Directors, Ryan Health continually makes investments in programs, initiatives, and capital construction to fulfill its mission and meet the needs of the communities it serves. Ryan Health is a proud recipient of federal grants to support its projects and programs. For more information about this funding, please visit our website at www.ryanhealth.org. Based on sound financial management practices and prudent investments, Ryan Health offers quality programs, develops new approaches to primary care delivery, and provides an environment that is consistent with federal and state regulations.

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Brooke Trenton, MD, Medical Director

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Jessica Sessions, MD, Medical Director
William Arboleda, MPA, Deputy Director



RyanHealth.org

Ryan Health 110 W. 97th Street
New York, NY 10025

Call 212-316-7944 for more information on specific projects or programs.

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