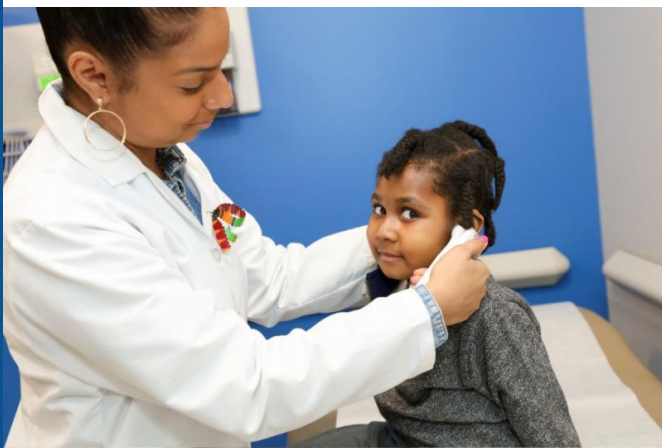


**AUGUST 2019**

**CARING FOR NEW YORK. HERE FOR YOU.**



**Welcome To Our New Patient Newsletter!**

*Brian P. McIndoe  
President & CEO of Ryan Health*



Welcome to the first issue of our new monthly e-newsletter, *Caring For New York, Here For You*. We hope you enjoy this new way we'll keep you informed of helpful health information and exciting news at Ryan Health! [Read More.](#)

**Come-In For Your School Physical or Immunization, Get a Free Backpack**

It's that time of year again when parents are preparing their children to go back-to-school. Ryan Health can help with physicals, immunizations, and records that many schools require. **And for any back-to-school visit, your child will receive a free backpack!** Each bag is filled with a folder, notebook, glue stick, pencil case, pencils, eraser, pens, ruler, and crayons.

Book an appointment for **anytime after August 12<sup>th</sup>** at one of our centers. Supplies are limited, and once they are gone, there are no more. The backpacks are a generous donation from Robin Hood.

To find out what you need for back-to-school and where you can get a backpack, [Click Here.](#)

**It's Only Natural**

*Mother's Love. Mother's Milk.*



You may have heard some things about breastfeeding, but you still have lots of questions. That's good! To learn about the benefits of breastfeeding, how to plan for it, and get ready to start, [Read More.](#)

**National Health Center Week 2019**

Come celebrate National Health Center Week with Ryan Health, August 4th-10th. Access **free** health services, learn about other community resources, and receive giveaways. [Learn more here.](#)

