

# 2024 Annual Report

**Ryan**  **Health**  
Caring for New York. Here for You.



# Locations

## Main Health Centers

### Ryan Health | West 97<sup>th</sup> Street 1

110 West 97<sup>th</sup> Street, 10025

### Ryan Health | Women & Children's 2

801 Amsterdam Avenue, 10025

### Ryan Health | Adair 3

565 Manhattan Avenue, 10027

### Ryan Health | Frederick Douglass 4

2381 Frederick Douglass Boulevard, 10027

### Ryan Chelsea-Clinton 5

645 Tenth Avenue, 10036

### Ryan Health | NENA 6

279 East 3<sup>rd</sup> Street, 10009

### Ryan Health | Wadsworth 7

154 Wadsworth Avenue, 10033

### Ryan Health | Emotional Wellness Center 8

801 Amsterdam Avenue, 10025

### Ryan Health | Emotional Wellness Center (Midtown) 9

64 West 35<sup>th</sup> Street, 10001

### Ryan Health | Mobile Health Center

## Community Outreach Centers

### The Bridge 10

248 West 108<sup>th</sup> Street, 10025

## School-Based Health Centers

### The Young Women's Leadership School of Manhattan 11

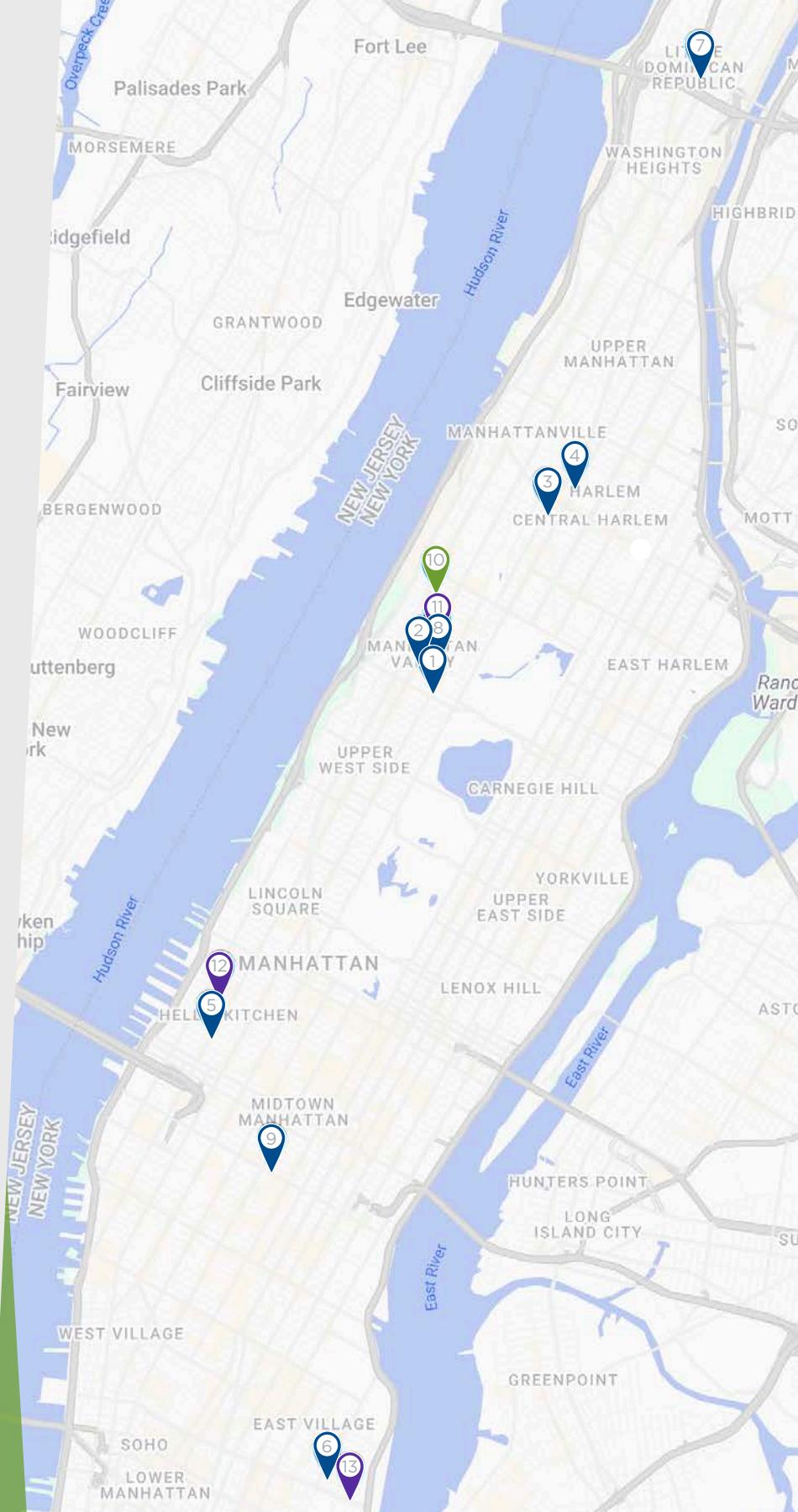
140 West 102<sup>nd</sup> Street, 10025

### Park West Educational Campus 12

525 West 50<sup>th</sup> Street, 10019

### P.S. 188 The Island School 13

442 East Houston Street, 10002



## Our Mission

Building on our legacy of respect and service and our understanding of the impacts of social drivers of health, Ryan Health provides high-quality, innovative, and responsive care to those in need, emphasizing underserved communities. We create safe spaces, engage patients in their own care, and advocate with our stakeholders to advance health equity and community well-being.

**High-quality care is everyone's right and our responsibility.**

## Dear Friends and Supporters

We are delighted to share Ryan Health's 2024 Annual Report with you.

This past year, we continued to grow and innovate and achieved significant milestones to ensure that our expanding patient population continues to have access to comprehensive, high-quality care. Highlights include our Food as Medicine and Chronic Disease Care Management Programs, and Mental Health initiatives — the latter enlisting our Community Outreach teams to address the ongoing mental health and opioid overdose crises in New York City.

We are also excited to share that Ryan Health continues to look ahead. In the coming year, to address a growing need for access to low-cost medications, we will open three new pharmacies at our West 97th Street, NENA, and Ryan Chelsea-Clinton locations. To meet the urgent need for greater healthcare access uptown, we are expanding our presence in Harlem, with a new site opening on West 135th Street. You can learn more about these achievements on the Highlights page of this report.

In 2024, we also completed our Strategic Plan for 2025-2027, which includes both updated Mission and Vision statements and sets ambitious goals for the future to ensure Ryan Health remains a model of community health — one that delivers innovative, high-quality care; deeply engages with our communities; supports our workforce; expands access for patients; and ensures the long-term sustainability of our organization.

For 58 years, Ryan Health has proudly served New Yorkers, providing healthcare to over 52,000 individual patients this year — regardless of their ability to pay.

These accomplishments would not be possible without the unwavering dedication of our Board of Directors, leadership team, staff, partners, and generous supporters. Together, we continue to advance health equity and uphold our belief that healthcare is a fundamental right for all.

As always, Ryan Health is Caring for New York — Here for You.



**E. Ronald Guy, MA, CHM**  
Board Chairperson  
Ryan Health



**Walter Delacruz, Esq.**  
Board Chairperson  
Ryan Chelsea-Clinton



**Daniel Pichinson, MBA**  
President & CEO  
Ryan Health

## A Tribute to Congressman William F. Ryan – Our Greatest Advocate



Ryan Health was founded in 1967, and we are proud of the fact that we were one of the first three community health centers to be created in the U.S. to meet community needs for improved healthcare services. In 1977 we became an independent community health center, and in 1978 we were renamed as the William F. Ryan Community Health Center (Ryan Health for short) in honor of the late Congressman William F. Ryan who represented us in the U.S. House of Representative and who was our greatest advocate.

William F. Ryan dedicated his life to advancing social justice and ensuring that every American had access to quality healthcare. A true champion for the underserved, he believed deeply that compassion and fairness must guide public policy. His conviction that "healthcare is a right, not a privilege" continues to inspire us at Ryan Health every day.

**We thank our friends and supporters for all that they do every day to help us advance health, dignity, and hope in our community.**

# Ryan Health Services

## Health Care

Adolescent Health  
Adult Medicine  
Behavioral Health  
Care Management  
Dental Services  
Diabetes Education  
Family Planning  
Geriatrics  
HIV Services  
Laboratory Services  
Lactation Consultation and Support  
MAT (Medication-Assisted Treatment)  
Medical Specialties  
Nutrition  
Pediatrics  
Pharmacy Plan for Under/Uninsured  
Population Health  
Radiology and Sonograms  
Substance Use Disorder Treatment  
Vision Services  
WIC Program (Women, Infants & Children)  
Women's Health

## Community Outreach

Community Health Engagement Events  
Homeless Health  
Insurance Eligibility Assistance  
Prevention, Education and Outreach  
Reach Out & Read  
School-Based Health  
Street Festivals and Health Fairs

## Patient Support Center

Appointments and Scheduling  
Patient Outreach Campaigns  
Prescription Refills



# 2024 Highlights



## Food as Medicine Initiative Joins Forces with our Chronic Disease Management Program

At Ryan Health, we believe Food is Medicine. Our providers integrate nutrition counseling into primary care, helping patients understand how food choices affect overall health. For those managing chronic illnesses like diabetes, hypertension, and heart disease, we emphasize food as a cornerstone of treatment and prevention. We also screen patients for food insecurity and connect them to community food resources.

Our weight-management services include nutrition education and tailored meal plans from registered dietitians. A 12-week course for patients with hypertension featured educational talks, exercise class, and free fresh produce. By the end, participants saw lower blood pressure, higher vegetable intake, and greater control over their health.

## Mental Health and Substance Use Prevention Teams Fight the Mental Health and Opioid Crises in NYC

A recent SAMHSA National Survey on Drug Use and Health found that nearly one in four New York adults experiences a mental health disorder each year, and an overdose death occurs in New York City every three hours.

In 2024, Ryan Health's Mental Health and Substance Use Prevention teams united to launch an evidence-based initiative that meets people where they are to address the mental health and opioid crises.

Our Community Outreach/Mobile Engagement Teams offer low-barrier access to counseling, screenings and referrals to primary care, mental health, and substance use treatment. Operating in neighborhoods most affected by opioid overdoses, our outreach teams are comprised of a Community Health Worker, Licensed Mental Health Provider/CASAC, and Nurse Care Manager.



## Looking Ahead – Ryan Health Pharmacies and New Site in West Harlem

**Pharmacies.** Ryan Health is developing three new onsite pharmacies at our West 97th Street, NENA, and Ryan Chelsea-Clinton locations to strengthen our integrated “one-stop shop” care model. By transforming administrative space, patients will be able to fill prescriptions immediately after appointments and access low-cost medications that Ryan Health receives through the 340B drug discount program – improving patient convenience, satisfaction, and medication adherence.



**New Site in Harlem.** Ryan Health is also expanding its presence in Harlem working with our long-standing partner, the Emma L. Bowen Community Center (Bowen Center). The Bowen Center is opening a new West 135th Street location where Ryan Health will co-locate a new primary care center with 18 exam rooms, four dental rooms, vision services, and six behavioral health counseling rooms—helping to address significant unmet health needs uptown.

# Patient Demographics

Number of  
Patients

**52,130**

Number of  
Patient Encounters

**225,398**

## Race and Ethnicity

50% Hispanic/Latino

1% Other

11% White

9% Unreported

24% African American

1% More Than One Race

4% Asian

82%

## Poverty Level



## Age Distribution

0-19

29%

20-44

33%

45-64

23%

65+

15%

# Leadership and Staff

## Ryan Health Board of Directors

**E. Ronald Guy, MA, CHM**, Chairperson  
**Harriet Chan King, JD**, Vice Chairperson  
**Lois Dorman, MPA**, Secretary  
**Ronnie Lowenstein, PhD**, Treasurer  
**Margaret Gramins, MBA, MPH**  
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**Juli A. Harkins, MS**  
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**Rosemary Perez-Bell, MUA**  
**Molly Sweeney, BSN, MA**  
**Daniel Pichinson, MBA**, Ex-Officio

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**Margaret Gramins, MBA, MPH**  
**E. Ronald Guy, MA, CHM**  
**Jerme J. Hawkins, MD, MPH**  
**Hope L. Mason, MPA**  
**Josephine Perez, LCSW, MSW**  
**Leonardo Ruiz**  
**Aaron L. Storo, PE, PMP**  
**Sarina Jean-Louis, MBA, MPH**, Ex-Officio

## Ryan Health Senior Leadership

**Daniel Pichinson, MBA**, President & CEO  
**Farooq Ajmal, EMBA, MPS**, Chief Information Officer  
**Jessina Carroll, RN, BSN**, Chief Nursing Officer  
**Michael Fagan, MPP**, Chief of External & Government Affairs  
**Jonathan Fried, JD, MSW**, General Counsel  
**Meredith Gentes, DNP FNP-BC**, Chief of Population Health and Quality Improvement  
**Alicia Henderson, PhD, LCSW**, Chief of Behavioral Health  
**Sarina Jean-Louis, MBA, MPH**, Executive Director  
**Rashanna Lynch, MD**, Chief Medical Officer  
**Christopher Quiñones, MS**, Chief Operating Officer  
**Charles Shorter, MSW**, Chief of Community Engagement and Strategic Partnerships  
**Lauren Stewart, SPHR, SHRM-SCP**, Chief Human Resource Officer  
**Jose Virella, MBA**, Chief Financial Officer

## Ryan Health Medical Directors

**Andreas Cohrsen, MD**, Medical Director  
**Vanessa Fernandez, MD**, Medical Director  
**Ashley Guadalupe-Padgett, MD**, Medical Director  
**Jessica Sessions, MD**, Medical Director  
**Brooke Trenton, MD**, Medical Director

## Ryan Health Directors

**William Arboleda, MPA**, Deputy Director  
**Louise Austin, PA-C, MPH**, Director of HIV Clinical Care  
**Fay Barrett, MPH**, Senior Director of Support Services  
**Bilal Bashir**, Director of Informatics and Reporting  
**Catherine Corcino**, Director of Health Center Operations  
**Isabel Danvers**, Director of Medical Records  
**Monica Dreitcer, DNP, FNP-BC**, Director of Care Management  
**Adam Fleming**, Senior Director of Information Technology  
**Kaitlyn Jackson, NP, MSN, RN, CPNP-PC**, Director of School-Based Health  
**Rayna James**, Director of External Affairs  
**Owen Leiba, RN**, Director of Nursing  
**Renee Lindo, MPA**, Director of Health Center Operations  
**Marielle Mehu-Arnao**, Senior Director of Health Center Operations  
**Julio Meneses**, Director of Environmental Services  
**Kenneth Meyer, SHRM-SCP, SPHR**, Senior Director of Human Resources  
**Anima Patel, CPhT, 340B ACE**, Senior Director of 340B Program & Supply Chain  
**Maria Rivera**, Director of Patient Support Center and Network Referrals  
**Helene Rosenhouse-Romeo, MPH, RD, CDN, CLC**, Director of Maternal and Child Services  
**Kalyani Sanchez**, Director of Staff Development and Community Impact  
**Archana Sookhoo**, Director of Quality Improvement  
**Viviane Teixeira**, Director of Health Center Operations  
**Roy Thompson**, Director of Planning and Development  
**Mary-Ann Wiggan, RN**, Director of Nursing



## RyanHealth.org

Ryan Health 110 West 97<sup>th</sup> Street  
New York, NY 10025

Call (212) 749-1820 for more information on specific projects or programs.



Find us on social media



@RyanHealthNYC